If you're a Sunday school teacher to students ages 4 to 11, at some point, you'll be teaching the Ten Commandments—possibly many times! Perhaps this package is all you'll need!

Between object lessons, games, crafts, songs, snacks, and even a science lesson, we want our Sunday school teachers to have a wealth of approaches for teaching the Ten Commandments. You can use one of our object lessons in conjunction with one of our games and crafts for a great themed Sunday, or you can use all the materials, spreading your message over several weeks!

Our two object lessons can be taught in 10 to 15 minutes, and each contains a fresh, creative approach to looking at the Commandments.

All teacher's words are presented in bold. Teachers report great success when they

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Included Inside

**Games**

Games are fun and range from imaginative to brain teaser. Kids of all ages will be sure to know the Ten Commandments better having played them.

**Crafts**

Crafts are designed to reinforce the teachings on the Ten Commandments. They can be presented as reinforcement for one of the two easy lessons enclosed or with something of your own devising. Don’t just send kids home with a craft; send them home with a message that makes it special.

**Songs**

Songs are designed for teachers to incorporate easily—even if the only instrument they play is the spoons! The scriptures are put to well-known tunes in the public domain, so that the tune is easily recognizable.
read the lessons and the assistant fulfills any demonstrations, or vice versa! If you can read and throw in some exciting inflections, it’s easy to grab kids and keep them with our lessons and activities!

Nearly all activities will work well in mixed age groups—unless otherwise indicated! It’s important that older children get exposure to the original wording of the Ten Commandments instead of our Ten Commandments for Kids used throughout. We’ve material to help with that also!

Our foremost wish with this package is that teachers can present the very important messages of the Commandments, feeling that they have a wealth of support material. We don’t want you to lack for anything, and we’re confident you will find the ideas are original, thoughtful, economical and fun! Without spending days or dollars preparing, you have enough materials herein to create lessons kids will cherish and remember well into the future.

Snacks
Snacks are challenging with the Ten Commandments because nobody wants to give out ten cookies per child…and how do you make something edible from the concept of two stone slabs? We have tried to solve that for you, with easy as well as yummy treats, and, like the crafts, students can learn as they create.

Worksheets
Worksheets that are printable always come in handy! Some teachers find them gratuitous and others feel they are great to help with details like the spelling of places and concepts. Either way, they are great for everything from an absent teacher to filling in the last few minutes of a class. Kids who use our sheets will come close to knowing all Ten Commandments off the top of their heads, but they should also know the order better as well!

The Ten Commandments for Kids

You shall have no other gods.
Don’t make graven images.
Don’t take the Lord’s name in vain.
Remember the Sabbath.

Honor your parents.
Don’t murder.

Don’t cheat on your spouse.
Don’t steal.
Don’t lie.

Don’t be jealous.
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Object Lesson #1 - A Flashlight Shows the Purpose of the Ten Commandments

Following the Ten Commandments is good for us. It will keep us smooth like a flashlight, but it will not make us shine. Only Jesus can do that. This basic salvation lesson using a flashlight will help kids understand the place of the Ten Commandments in God’s design for us.

Household Object:
Flashlight

Other Materials:
New batteries of the size that fits the flashlight

Preparation: Take the batteries out of the flashlight. Put them out of sight.

Lesson: Hold up the flashlight so everyone can see. Isn’t this flashlight smooth and strong? We’d all like to be smooth and strong, wouldn’t we? Who would like to touch the flashlight?

Let anyone touch it who wants to feel the smoothness of the flashlight.

A flashlight is one of man’s coolest inventions. It’s made of metal and aluminum and plastic. It has a fancy switch that makes a clicky sound when it goes back and forth. It fits in a hand, so that people can hold it easily in the dark. It stands on end, so we can store it easily and so it doesn’t fall over. Stand it up on the table.

What’s missing in all I’m saying about the flashlight? What’s cool about a flashlight that I haven’t mentioned yet? It shines.

Turn the switch a few times. It won’t work.

This flashlight is like a lot of people. It’s smooth, strong, made of cool stuff.

A lot of people behave in ways we might call “smooth.” They’re polite and basically easy to get along with.

Like a flashlight is made of plastic, metal and aluminum, a lot of people are made things that are cool. They might have silky hair. They might have muscles. They might have smiles and great teeth.

But they don’t shine with the light of Jesus! Most people think they are good if they can obey all the Ten Commandments.

The Ten Commandments ~ 4
Commandments. They think doing that will make them shine!

As you read each Commandment, flick the switch on the flashlight and act like you're hoping it will go on this time.

1. You shall have no other gods.
2. Don't make graven images.
3. Don't take the Lord's name in vain.
4. Remember the Sabbath.
5. Honor your parents.
6. Don't murder.
7. Don't cheat on your spouse.
8. Don't steal.
9. Don't lie.
10. Don't be jealous.

At this point, be very frustrated. This happens to be a very good flashlight. Some people happen to have very good behavior. But they are trying to earn their way into heaven by obeying the Ten Commandments.

Flick the switch a few more times in frustration. Come on, flashlight! Shine! Put it down, finally.

What's missing? The batteries!

Ah, the batteries! Bring them out.

The Ten Commandments show us how God wants us to behave. But we can't follow them all the time. We make too many mistakes. Some of the best behaved people in the universe are actually empty. That's because they don't have the love of Jesus in their hearts.

Open up the flashlight. Start putting batteries in.

The love of Jesus works from inside of us. It's like the batteries.

Finish putting batteries in. Screw the flashlight shut.

It's only having Jesus in our lives that makes us shine. Turn on the flashlight.

When we don't have Jesus, we are empty. We have a hole inside of us that can only be filled by him and his love. After he fills our hearts, we shine, and when we shine, we want to follow the Ten Commandments.

It's the wanting to make him happy that Jesus is really after.

How do we get Jesus into our hearts? It's easy! We just ask! Just as easily as I put the batteries in the flashlight, God can put Jesus into your hearts.

Would you like to ask him now if you haven't already?

Prayer: Father, I want to shine for you. Please send Jesus to fill me, so that I want to follow the Ten Commandments and so that I will try very hard. I know that following the Commandments doesn't make me shine. Only You and Your son Jesus can do that. But fill me and thereby make me more able to do the things you want. Thanks and amen!
Object Lesson #2 - The Commandments are the Path, Jesus is the Way

It is extremely important for children to understand that Jesus’s death and resurrection means we no longer “follow rules and commands” as a means of getting into heaven. We follow rules because we love Jesus who rescued us, and because all will go well with us when we do.

This lesson of trying to climb sideways up a wall will prove to be fun, humorous, spastic and awkward—and should get the point across very well about the role of the Commandments in our lives with Christ.

Materials:
- 1 copy of the Lesson 2 Footprint Sheets
- Cardstock
- Masking Tape

Preparation: Print the Lesson 2 Footprint Sheets onto cardstock, or write the commandments onto cardstock with a dark marker. Add the footprints if you are free-writing.

Tape all the Lesson 2 Footprint Sheets up on the wall, so that they make a straight line across about three feet off the ground, ending with HEAVEN. Make sure to tape bottom and top, as kids may get their feet on them.

Keep tape available in case a student tears one, and tape any tears as you go along with the lesson.

Lesson: Point to the footprints on the wall. These are our Ten Commandments, which God gave to Moses, just three months after the people of Israel ran through the Red Sea to escape the Egyptians.

It was a pretty scary story, how God gave them the Ten Commandments. Want to hear? This account below is from the New International Version of the Bible, Exodus 19:16-25; Exodus 20:1-21. Put on your spooky voice! It is spooky!

16 On the morning of the third day there was thunder and lightning, with a thick cloud over the mountain, and a very loud trumpet blast. Everyone in the camp trembled. 17 Then Moses led the people out of the camp to meet with God, and they stood at the foot of the mountain. 18 Mount Sinai was covered with smoke, because the Lord descended on it in fire. The smoke
billowed up from it like smoke from a furnace, and the whole mountain trembled violently. 19 As the sound of the trumpet grew louder and louder, Moses spoke and the voice of God answered him.

20 The Lord descended to the top of Mount Sinai and called Moses to the top of the mountain. So Moses went up and the Lord said to him, “Go down and warn the people so they do not force their way through to see the Lord and many of them perish. 22 Even the priests, who approach the Lord, must consecrate themselves, or the Lord will break out against them.”

23 Moses said to the Lord, “The people cannot come up Mount Sinai, because you yourself warned us, ‘Put limits around the mountain and set it apart as holy.’”

24 The Lord replied, “Go down and bring Aaron up with you. But the priests and the people must not force their way through to come up to the Lord, or he will break out against them.”

25 So Moses went down to the people and told them.

And God spoke all these words:

2 “I am the Lord your God, who brought you out of Egypt, out of the land of slavery.”

These are the actual Ten Commandments in adult language. Point to each one on the wall as you go.

3 “You shall have no other gods before me. “

4 “You shall not make for yourself an image in the form of anything in heaven above or on the earth beneath or in the waters below. 5 You shall not bow down to them or worship them; for I, the Lord your God, am a jealous God, punishing the children for the sin of the parents to the third and fourth generation of those who hate me, 6 but showing love to a thousand generations of those who love me and keep my commandments.”

7 “You shall not misuse the name of the Lord your God, for the Lord will not hold anyone guiltless who misuses his name. “

8 “Remember the Sabbath day by keeping it holy. 9 Six days you shall labor and do all your work, 10 but the seventh day is a Sabbath to the Lord your God. On it you shall not do any work, neither you, nor your son or daughter, nor your male or female servant, nor your animals, nor any foreigner residing in your towns. 11 For in six days the Lord made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the Lord blessed the Sabbath day and made it holy.”

12 “Honor your father and your mother, so that you may live long in the land the Lord your God is giving you.”

13 “You shall not murder. “

14 “You shall not commit adultery. “

15 “You shall not steal. “

16 “You shall not give false testimony against your neighbor. “

17 “You shall not covet your neighbor’s house. You shall not covet your neighbor’s wife, or his male or female servant, his ox or donkey, or anything that belongs to your neighbor.”

18 When the people saw the thunder and lightning and heard the trumpet and saw the mountain in smoke, they trembled with fear. They stayed at a distance 19 and said to Moses, “Speak to us yourself and we will listen. But do not have God speak to us or we will die.”

20 Moses said to the people, “Do not be afraid. God has come to test you, so that the fear of God will be with you to keep you from sinning.”
The people remained at a distance, while Moses approached the thick darkness where God was.

These are the words of God, spoken 3,500 years ago! The point of the Ten Commandments was to show the people of Israel how to behave well in their lives. If we obey these commands, we will be blessed in our lives.

Here’s the problem: Nobody can obey all the Ten Commandments all of the time. To try to always be good is a good thing. However, it sort of works like this:

Point to the Ten Commandments on the wall.

If you can (1) take off your shoes, (2) put your foot on each footprint and (3) walk along, you can get into the kingdom of heaven. Who wants to try?

Encourage them to go ahead—take off their shoes and try to get their feet in each footprint before entering the kingdom of heaven. Retape any tears. Let classmates hold either other up and try to walk along. Encourage them with questions:

It’s awkward, isn’t it?

We’re kind of klutzy, aren’t we?

If a friend holds you up, it helps a little, doesn’t it? But friends can be klutzy and mess you up too, can’t they?

Is there any way to walk a perfect path of the Commandments and do everything that God expects of us? No.

Is there anyone who has ever walked a perfect life? Only Jesus.

What Jesus actually did is more like this:

Tear all the Commandments off the wall and hold them to your chest. Leave the one of HEAVEN hanging for the moment.

Jesus actually helped write these Commandments because he is part of the Triune God: The Father, Son and Holy Spirit. He wrote them; He kept them. Do you really want to get into Heaven and spend eternity with Jesus?

Take the HEAVEN sign off the wall and stand on it.

“Come to me all you who are weary and heavy laden, and I will give you rest for your souls.” Jesus said this in Matthew 11:28. Pretend I’m Jesus. Come to me... Lay all the Commandments upside down so that it makes a bigger “mat” for the Kingdom of Heaven.

Jesus lived a perfect life. Then he died in our place, so that we could live forever. Obeying the Ten Commandments the very best you can, because it shows you love him. He loves you, and what he really wants is a love relationship with you.

He said in John 14:15, “If you love me, you will keep my Commandments.”

Welcome to the Kingdom of Heaven. Take all hands and encourage students onto the “heaven mat.”

Let’s honor God by learning the Ten Commandments and trying to follow them every day. Let’s rely on Jesus to do it.
Commandment #1

You shall have no other gods.

Exodus 20:3
Commandment #2
Don’t make graven images.
Exodus 20:4
Commandment #3

Don’t take the Lord’s name in vain.

*Exodus 20:7*
Commandment #4
Remember the Sabbath.

Exodus 20:8
Commandment #5

Honor your Parents.

Exodus 20:12
Commandment #6

Don’t Murder.

Exodus 20:13
Commandment #7
Don’t Cheat on your Spouse.
Exodus 20:14
Commandment #8
Don’t Steal.

Exodus 20:18
Commandment #9

Don’t Lie.

Exodus 20:16
Commandment #10
Don’t be Jealous.
Exodus 20:17
Heaven
Game #1 - Fishing for Commandments

The purpose of this game is twofold. First, it helps to reinforce the Ten Commandments, and second, it helps the children to understand the difference between a Commandment and a scripture verse. While both are important, the children should know which are Bible verses and which are specific to the Ten Commandments.

Materials:
• A pencil
• String
• Small u-shaped magnet
• Commandments and Scriptures sheet
• Scissors
• Clear glass bowl or pitcher
• Metal paper clips

Object: Students will fish for scriptures with the magnet. If the magnet catches two or three paper clips, the student may only keep one.

Instructions:
• Each student will take a turn fishing for scripture.
• The student will read his verse aloud.
• He will tell the class if it is one of the Ten Commandments or just an encouraging scripture.
• If the student gives the correct answer, he will be given a point.
• This will be repeated until the jar is empty and all of the students have had the same number of turns.
• The student with the most points is the winner, and since there may be many ties, it would be wise to have a treat for everybody.

Closing:
The Bible is full of things God wants us to know to help us grow as Christians and as his children. The Ten Commandments are important because Jesus said that the more we try to follow them, the more love we will be showing and the better our behavior will be. So, let’s try to keep them in our hearts and ask God to remind us if we are about to break one! The result will be that his love will shine through us and we’ll be on our way to
**GAME 1 COMMANDMENTS AND SCRIPTURES SHEET**

The following commandments and scripture verses should be cut out, folded in half, fastened with a paper clip, and dropped in the glass bowl. Teacher’s copy with verses included follows.

<table>
<thead>
<tr>
<th>Verse</th>
</tr>
</thead>
<tbody>
<tr>
<td>Have no other gods before me.</td>
</tr>
<tr>
<td>Thou shall not bow down to graven images.</td>
</tr>
<tr>
<td>Do not take name of the Lord in vain.</td>
</tr>
<tr>
<td>Remember the Sabbath day to keep it holy.</td>
</tr>
<tr>
<td>Honor your father and mother.</td>
</tr>
<tr>
<td>Do not commit murder.</td>
</tr>
<tr>
<td>Do not commit adultery.</td>
</tr>
<tr>
<td>Do not steal.</td>
</tr>
<tr>
<td>Do not lie.</td>
</tr>
<tr>
<td>Do not yearn for your neighbor’s things.</td>
</tr>
<tr>
<td>Rejoice in the Lord always.</td>
</tr>
<tr>
<td>Seek and ye shall find.</td>
</tr>
<tr>
<td>Do not judge and you shall not be judged.</td>
</tr>
<tr>
<td>Trust in the Lord with all your heart; lean not on your understanding.</td>
</tr>
<tr>
<td>Be strong and courageous. Do not be terrified; do not be discouraged.</td>
</tr>
<tr>
<td>Be ye not conformed to this world.</td>
</tr>
<tr>
<td>Seek first his kingdom and his righteousness.</td>
</tr>
<tr>
<td>Cast all your anxiety on him because he cares for you.</td>
</tr>
<tr>
<td>Keep your lives free from the love of money and be content with what you have.</td>
</tr>
<tr>
<td>Delight yourself in the LORD.</td>
</tr>
</tbody>
</table>
Have no other gods before me.  

Exodus 20:3

Thou shall not bow down to graven images.

Part of Exodus 20:4

Do not take name of the Lord in vain.

Part of Exodus 20:7

Remember the Sabbath day to keep it holy.

Exodus 20:8

Honor your father and mother.

Exodus 20:12

Do not commit murder.

Exodus 20:13

Do not commit adultery.

Exodus 20:14

Do not steal.

Exodus 20:15

Do not lie.

Exodus 20:16

Do not yearn for your neighbor’s things.

Exodus 20:17

Rejoice in the Lord always.

1 Thessalonians 5:16

Seek and ye shall find.

Part of Matthew 7:7

Do not judge and you shall not be judged.

Part of Matthew 7:1
Trust in the Lord with all your heart; lean not on your understanding.  
*Part of Proverbs 3:5*

Be strong and courageous. Do not be terrified; do not be discouraged.  
*Part of Deuteronomy 31:6*

Be ye not conformed to this world.  
*Part of Romans 12:2*

Seek first his kingdom and his righteousness.  
*Part of Matthew 6:33*

Cast all your anxiety on him because he cares for you.  
*1 Peter 5:7*

Keep your lives free from the love of money and be content with what you have.  
*Part of Hebrews 13:5*

Delight yourself in the LORD.  
*Part of Psalm 37:4*
**Game #2 - Commandments Treasure Hunt**

This fun treasure hunt, complete with rhyming clues, a scroll, and small prizes, will help children to learn the Ten Commandments while hunting for a treasure.

**Materials:**
- The Game 2 Treasure Hunt Scroll Sheet
- The Game 2 Treasure Hunt Clue Sheet
- An eye patch for the head pirate
- Tape
- A box decorated to look like a treasure chest, big enough to contain an 8.5” wide scroll
- A sign saying do not touch should be placed on the box that hides the treasure chest
- A piece of colorful ribbon to tie around the scroll
- A simple reward for each child (candy wrapped in gold foil to look like gold coins would be...
ideal, however any piece of candy, including lollypops, in the treasure chest box will work.)

**Object:** To find all of the clues, and finally, the treasure, containing the Ten Commandments.

**Preparation:**
- To fill the treasure box, first roll up the Ten Commandments Treasure Hunt Sheet so that it looks like a scroll. Tie the ribbon around it and place it inside. Fill the box with candy prizes, being sure you have enough treasure so that students each get at least one piece.
- Using the Treasure Hunt Ten Clues Sheet and tape, carefully cut up the 10 clues and put them in the places as indicated.

**Instructions:**
1. Let the children know that they will take turns being the head pirate and wearing the eye patch, and you will change head pirates for each new clue. The reason for the head pirate is that children can get wild, running and looking for clues. The head pirate will decide where to go and what to do. Note to the other children that they may not run ahead of him or her. Decide an order for students to be the head pirate.
2. The teacher will give head pirate number one the first clue.
3. Head pirate number one will lead the others to the spot where the second clue is hidden.
4. Then another child will become head pirate and wear the eye patch to lead the class to clue number three, and this pattern will continue until all the clues have been used and the treasure is found.
5. Continue on until kids find the treasure.
6. While eating treasure, use the scroll of the Ten Commandments to have a discussion with the kids about what each of them means. Encourage them to think of examples of when they might have been tempted to break one of them (or actually broke one), and what they could do to prevent it from happening.

**Closing:**

*God gave us the Ten Commandments, because he wanted us to use them as rules for living a Christian life. He wants us to be so familiar with them so we can do our best to do all the things that they tell us to do.*

*
The Ten Commandments

1. You shall have no other gods.
2. Don’t make graven images.
3. Don’t take the Lord’s name in vain.
4. Remember the Sabbath.
5. Honor your parents.
6. Don’t murder.
7. Don’t cheat on your spouse.
8. Don’t steal.
9. Don’t lie.
10. Don’t be jealous.
GAME 2 TREASURE HUNT CLUE SHEET

Cut these clues out and place them in the proper spot.

This first clue will be handed to the first head pirate, so keep it in your pocket or in a safe place for now.

\textbf{Clue #1}: When we sit we use a chair. The second clue will be found there.

Tape this clue to the leg of a chair:

\textbf{Clue #2}: You will find clue number 2, hidden beneath somebody’s shoe.

Tape this clue under the teacher’s shoe:

\textbf{Clue #3}: Through the window we can see. Here you’ll find clue number 3.

Tape this clue on the windowsill:

\textbf{Clue #4}: If you have to blow your nose, this is where the fourth clue goes.

Tape this clue to the bottom of a box of tissues:

\textbf{Clue #5}: A table’s where this clue may be, but in a spot you cannot see.

Tape this clue to the underside of a table:

\textbf{Clue #6}: Picture, picture on the wall. Which is most important of all?

Tape this clue on the back of a picture:

\textbf{Clue #7}: Color, color everywhere. You will find the next clue there.
Tape this clue inside the crayon box.

**Clue #8:** The place where you will find a book, is the next place you shou ld look.

Hide this clue on the bookshelf.

**Clue #9:** Clue #9 will tell you more, that is somewhere on the door.

Hide this clue on the door.

**Clue #10:** In the cabinet is something new. It holds that last and final clue.

Hide this clue on the treasure box in the cabinet.

Congratulations. You have found one of the world’s greatest treasures. And guess what? It’s NOT the enclosed candy—it’s the other item!
Kids are often good at remembering the shorter Commandments, such as don't lie, steal, or murder. The others are equal, if not greater, in importance, given that God ordered the easier ones at the end. This game of “name one of the missing Commandments” will help kids remember the others. Smart 4th graders and above will profit greatly from this challenging memory game.

Materials:

• One set of Game 3 Cards, Which Commandments are Missing?
• Scissors

Instructions:

• There are four missing Commandments on each card. Students should get one point for each missing Commandment that they can name. Hence, a highest score for each round would be 4 points; a low round would be 0 or 1 point.

The entire list of Commandments for Kids is here for your reference:

• You shall have no other gods.
• Don't make graven images.
• Don't take the Lord's name in vain.
• Remember the Sabbath.
• Honor your parents.
• Don't murder.
• Don't cheat on your spouse.
• Don't steal.
• Don't lie.
• Don't be jealous.
## GAME 3: MISSING COMMANDMENT CARDS

<table>
<thead>
<tr>
<th>Card #1</th>
<th>Card #1 Missing Commandments</th>
</tr>
</thead>
<tbody>
<tr>
<td>Honor your parents.</td>
<td>You shall have no other gods.</td>
</tr>
<tr>
<td>Don't murder.</td>
<td>Don’t make graven images.</td>
</tr>
<tr>
<td>Don't cheat on your spouse.</td>
<td>Don’t take the Lord’s name in vain.</td>
</tr>
<tr>
<td>Don't steal.</td>
<td>Remember the Sabbath.</td>
</tr>
<tr>
<td>Don't lie.</td>
<td></td>
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<td>Don't be jealous.</td>
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<tr>
<th>Card #2</th>
<th>Card #2 Missing Commandments</th>
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<table>
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<th>Card #4</th>
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<td><strong>Card #5</strong></td>
<td><strong>Card #5 Missing Commandments</strong></td>
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More Games: Five Suggestions for Ten Commandment Memory Games

Kids often find memorization easy when there’s a game attached (and prizes attached to the games!)

Here are five suggestions on games that will help kids memorize all the Commandments in their proper order:

#1 Commandments Card Races:
Cut up the Ten Commandments on strips and have kids race to put them in order. First, have a help sheet available; for the more adept students, take the help sheet away.

#2 Fill in the Blanks with “Mother May I?”
Set up a game of “Mother May I?”, but have Mother say the number of the Commandment and the first word. To step forward, students have to fill in the blank with the rest of the command.

#3 Circle Game:
Have students stand in a circle in groups of three. Have the first one say the first commandment, the second say the second and so forth. The first person who pauses for longer than her teammates can count to ten is out.

#4 Guess Which Command:
Write the Ten Commandments on cards without putting which number they are. Have students keep pulling and guessing the number. Every right answer gets one point.

#5 Matching Relays:
Put just the numbers one through ten on the opposite wall. Have students take turns pulling Commandments out of a hat, racing to the number and attaching it with tape to the right number. If a student puts the Commandment on the wrong number, the next student may fix it. The first team to get all Commandments in order wins.
Craft #1 - “Thy Word is a Lamp” Torches

Materials:
- Commandment Torch Sheets, 1 copy for each child
- Paper towel or toilet tube
- Scissors
- Aluminum foil
- Yellow, red and orange tissue paper
- Stick Glue
- Rubber bands, one for each child

Preparation:
Trace “flames” on the tissue paper, such that each child has a dozen flames: 4 red, 4 yellow, 4 orange. (Stencil is provided if needed)

Instructions:
1. Squeeze the tube at the bottom, giving it almost a cone shape.
2. Wrap aluminum foil around paper towel tube, making a rim around the top.
3. Cut out Ten Commandments from the Commandment Torch Sheets.
4. Make a “bouquet” of all the flames and all the Commandments.
5. Close to the bottom, tie the bouquet together with the rubber band.
6. Run the stick glue around the inside of the tube.
7. Stick the “bouquet of flames and Commandments” into the tube, gently pressing the flames on the outside into the glue to help hold them in place.
8. Cut out, from the List of the Ten Commandments Printout, “Thy word is a lamp unto my feet. Psalm 119:105”
9. Glue it around the top of the torch just under the flame.

Conclusion:
The Ten Commandments were given to be a light along the road of life that leads to heaven. That road doesn’t lead to Jesus, why? Because Jesus wants to walk along beside us. We don’t earn our way to Him by following a lot of rules. He’s lighting the way for us with His Word, and he wants to enjoy our company as we set our hearts to following his rules.
#1 You shall have no other gods.

#2 Don't make graven images.

#3 Don't take the Lord's name in vain.

#4 Remember the Sabbath.

#5 Honor your parents.

#6 Do not murder.

#7 Do not cheat on your spouse.

#8 Do not steal.

#9 Do not lie.

#10 Do not be jealous.

THY WORD IS A LAMP UNTO MY FEET.  
PSALM 119:105
Craft #2 - Ten Commandments Flower Power Faces

Students will get some reinforcement in learning the Ten Commandments by making this pretty flower. The message in the center will help them understand the point.

Materials
- Game 2 Flower Power Sheets, 1 printed copy for each child
- Crayons
- Stick glue
- Scissors
- Small Paper Plates, 2 for each child
- Green pipe cleaners, 3 for each child
- Masking tape

Instructions
1. Color in the flower petals and flower center on Game 2 Flower Power Sheet in a variety of colors.
2. Cut out the petals; then cut out the center on flower.
3. Using the glue stick, glue the petals evenly to the flower. For a good method, petal #1 will go at the 12:00 position; petal #5 will go at the 6:00 position. Fill in the others evenly around.
4. Glue the flower face to a small paper plate.
5. Twist the 3 pipe cleaners around to make the stem and some leaves.
6. Use masking tape to secure it to the back of the place.
7. Glue the second plate to the first, facing the same direction, so that the stem doesn’t stick out.

Conclusion
We’re a bit like flowers. Following the Ten Commandments makes us pretty, just like the petals on the flowers. But our hearts and souls are made pretty by loving others always through Christ Jesus. Our hearts and souls in Christ are like the flower’s face.

What happens to real flower petals when they come loose from the flower? They begin to wilt. When we break a Ten Commandment, we can wilt a little bit, too. But fortunately, with Jesus inside of us, He heals us from our mistakes, and is always ready to keep us fresh and new!
Flower Power Faces - Sheet

Cut out the ten flower petals.

Glue them below the skinny line and place them evenly around the center of the flower.

#1
 You shall have no other gods.

#2
 Don’t make graven images.

#3
 Don’t take the Lord’s name in vain.

#4
 Remember the Sabbath.

#5
 Honor your parents.

#6
 Do not murder.

#7
 Do not cheat on your spouse.

#8
 Do not steal.
... So in everything, do unto others what you would have them do unto you, for this sums up the Law and the Prophets.

--Matthew 7:12
Craft #3 - Road to Perfection Station (goes with any lesson)

A piece of foam poster board becomes the long road that leads to Perfection Station. The Ten Commandments are the instruction signs along the way as Jesus walks with us. Creating the Road to Perfection will not only help students memorize the Commandments, but think of life as a journey down a challenging yet promising road with Jesus!

Materials:
- Road To Perfection Street Signs Sheet, 1 copy for each child
- White foam board, 11x14 section for each child
- Thin popsicle sticks or flat-sided toothpicks
- Stick glue
- Marker pens, many colors
- Scissors
- Play dough (if using popsicle sticks)
- Sharp knife or razor

Preparation
Foam core poster board is available everywhere from Staples to CVS and generally comes in sheets that are 28x22. If you cut each sheet in fours, you will have bases that are 14x11 inches. Make one for each child using a sharp knife or razor.

Instructions:
- First, have students glue their “Jesus Walks with Me” start sign to one edge of the foam board. It is on the second page of the Road to Perfection Street Sign Sheet. At the opposite edge, place the Perfection Station sign.
- Draw a winding road on the poster board using markers to make side-by-side lines. The road should go from the “Jesus walks with me” sign to the Perfection Station sign, looping around, but not so much that there isn’t room for lots of other stuff.
- Have students use their imaginations to add grass houses, a pond, flower beds, rock gardens, using markers. They can include stick figures of Jesus and themselves.
- Last, back the Craft 3 Perfection Station Signs sheet with another piece of paper. Cut out the signs, creating the same shapes out of the blank sheet behind.
- Stick a toothpick or thin popsicle stick between each sign and its blank shape likeness to create street signs. Put them in place where they’re wanted, using small balls of play dough if using popsicle sticks. You don’t need the play dough for using toothpicks, which will just stick right into the foam.
Closing

Following the Ten Commandments is like a journey down a long road. They serve as warning signs as we go through life’s winding road. Jesus leads the way. But we get better and better at following him as life goes on, and the closer we get to perfection. Let’s remember to always follow Jesus. He won’t let us forget how to do good, and he will give us the strength, so long as we keep our eyes on him and off of the circumstances.
Craft 3 Perfection Station Signs
Print out 1 copy for each child.

Don’t cheat on your spouse.

Don’t steal.

You shall have no other gods.

Honor your parents.

Don’t make graven images.

Don’t take the Lord’s name in vain.

Don’t be jealous.

Remember the Sabbath.

Don’t Lie.

Jesus walks with me

Don’t murder.
Song #1 - Ten Commandments are a Gift

The Ten Commandments are a gift that only God can give.
They tell us what the rules are and the righteous way to live.
If we use these words of wisdom to build strength and as a guide,
We feel God’s love and pride.

Chorus:
Thank you God for your Commandments,
Thanks for the wisdom in their content.
When I try to follow will you be my faithful guide,
And walk steadfast by my side.
Song #2 - God Gave Moses Commandments

**Tune: The Bear Went Over The Mountain**

1. Moses climbed up the mountain, Moses climbed up the mountain, Moses climbed up the mountain, And there he spoke with God. Moses climbed up the mountain, Moses climbed up the mountain, Moses climbed up the mountain, And there he spoke with God.

2. God gave Moses Commandments, God gave Moses Commandments, God gave Moses Commandments, And there were ten in all. God gave Moses Commandments, God gave Moses Commandments, God gave Moses Commandments, And there were ten in all.

3. The Ten Commandments will tell you What to do and what not to. The Ten Commandments will tell you How to please the Lord. The Ten Commandments will tell you What to do and what not to. The Ten Commandments will tell you How to please the Lord. How to please the Lord. How to please the Lord.
**Snack #1 - Tablets of the Covenant Cake**

This cake, cut and frosted to look like the Tablets of the Covenant, should help kids understand that the Ten Commandments are something we need to “ingest,” not just read about.

**Materials:**
- Box of cake mix, white or chocolate, and its necessary ingredients
- Container of chocolate icing
- Chocolate chips
- Serving knife and plates

**Preparation:**
1. The Tablet of the Covenant cake can be made with students or before class, depending on your church’s kitchen rules. Kids will find it fun, but if you have to make it at home beforehand, it’s a breeze!
2. Fill 2 round 8” pans with the batter and bake according to the instructions on the box.
3. After cooling, release the two round layers.
4. On a flat surface, cut off a portion of both sides, and cut off the round bottom to make the shape of a table at follows:
5. Lay the slabs side by side on a baking tray.
6. Ice the slabs.
7. Using a blunt knife write “TEN” at the top of come cake layer and “COMMANDMENTS” at the top of the other.
8. Have kids take turns using the blunt knife and writing in one of the Commandments for Kids if they are old enough, 5 on each cake layer.

**Closing**
After God spoke to the people and Moses in Exodus 20, Moses went up Mount Sinai to bring down the Commandments on two slabs of stone. The Hebrews got tired of waiting for Moses to come down and misbehaved badly, creating a idol to worship instead of God. They did not have the commands of God in their hearts yet.

The stone tablets are where the Commandments were first written. But they need to be written in our hearts. Only Jesus can do that.
Snack #2 - Berries & Frosting Corn Bread Cakes

Corn muffin toaster cakes can be bought at most supermarkets, and they make a great base for a mini-cake. Decorating them with crème cheese spread, blueberries and strawberries (or raisins and dried cranberries) makes a great lesson in the Ten Commandments and the love of Christ in our lives.

Materials:
- Corn muffin toaster cakes, 1 for each child (substitutes: Strawberry short cake shells or even English Muffins)
- Blueberries and strawberries or (if out of season) raisins and dried cranberries
- Container of crème cheese spread (kids love strawberry), 1 for every 7 children
- Small paper plates
- Plastic knives
- Napkins

Preparation:
If your students are young, apply the spread to the corn muffin toaster cakes yourself, as they can sometimes be crummy. Wash all berries. If you have strawberries, quarter them and cut off the tops.

Lesson:
Pass out toaster cakes. Have students ice them if you didn't do it yourself.

These toaster cakes would taste yummy themselves without adding anything else. They’re a little like life. Life can be really fun. It's sweet, and we look forward to each day, just like we look forward to a bite of cake with creamy icing.

However, we want our nutrition, too! The Ten Commandments are nutrition for our spirits. They’re sort of like these pieces of fruit. If we take in the Word of God, we will be more spiritually fit. If we remember the Ten Commandments, they will nourish our spirits.

Start lining up pieces of fruit on the top of the iced cakes. Let students to copy your lead. Recite the Ten Commandments for Kids as you go along:

You shall have no other gods.
Don't make graven images.
Don't take the Lord's name in vain.
Remember the Sabbath.
Honor your parents.
Don't murder.
Don't cheat on your spouse.
Don't steal.
Don't lie.
Don't be jealous.

Now we have a snack that doesn't only taste good, but it’s loaded with nutrition! It's like our lives, if they are loaded with the knowledge of the Ten Commandments! They make us act better... and make us even sweeter to those we come in contact with!
Science Project - What’s In a Scary Noise?

This project teaches about the voice of God, which was present to the Israelites when Moses first received the Ten Commandments. Everyone was scared of that loud voice. But inside it was love! This lesson in gravity—and how even the scariest things hit the ground at the same time as non-scary things—will make God’s voice seem all that much friendlier.

Materials:
- 1 Ziploc bag
- 1 big handful of cotton balls
- A dozen metal teaspoons
- Chair sturdy enough to stand on (optional)

Preparation:
Stick the handful of cotton balls into a Ziploc bag. Leave it opened or puncture it a couple times to make sure it doesn't contain any air. Put in on the table.

Put the dozen metal teaspoons on the table.

Put the chair in place for you to stand on during the lesson.

Scripture (read in advance)
This account below is from the New International Version of the Bible, Exodus 19:16-25; Exodus 20:1-21. Put on your scary voice! It is scary!

16 On the morning of the third day there was thunder and lightning, with a thick cloud over the mountain, and a very loud trumpet blast. Everyone in the camp trembled. 17 Then Moses led the people out of the camp to meet with God, and they stood at the foot of the mountain. 18 Mount Sinai was covered with smoke, because the Lord descended on it in fire. The smoke billowed up from it like smoke from a furnace, and the whole mountain trembled violently. 19 As the sound of the trumpet grew louder and louder, Moses spoke and the voice of God answered him.

20 The Lord descended to the top of Mount Sinai and called Moses to the top of the mountain. So Moses went up 21 and the Lord said to him, “Go down and warn the people so they do not force their way through to see the Lord and many of them perish. 22 Even the priests, who approach the Lord, must consecrate themselves, or the Lord will break out against them.”

23 Moses said to the Lord, “The people cannot come up Mount Sinai, because you yourself warned us, ‘Put limits around the mountain and set it apart as holy.”

24 The Lord replied, “Go down and bring Aaron up with you. But the priests and the people must not force their way through to come up to the Lord, or he will break out against them.”

25 So Moses went down to the people and told them.

And God spoke all these words:

2 “I am the Lord your God, who brought you out of Egypt, out of the land of slavery.”

3 “You shall have no other gods before me.”

4 “You shall not make for yourself an image in the form of anything in heaven above or on the earth beneath or in the waters below. 5 You shall not bow down to them or worship them; for I, the Lord your God, am a jealous God, punishing the children for the sin of the parents to the third and fourth generation.
of those who hate me, but showing love to a thousand generations of those who love me and keep my commandments.”

“You shall not misuse the name of the Lord your God, for the Lord will not hold anyone guiltless who misuses his name.”

“Remember the Sabbath day by keeping it holy. Six days you shall labor and do all your work, but the seventh day is a Sabbath to the Lord your God. On it you shall not do any work, neither you, nor your son or daughter, nor your male or female servant, nor your animals, nor any foreigner residing in your towns. For in six days the Lord made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the Lord blessed the Sabbath day and made it holy.”

“Honor your father and your mother, so that you may live long in the land the Lord your God is giving you.”

“You shall not murder.”

“You shall not commit adultery.”

“You shall not steal.”

“You shall not give false testimony against your neighbor.”

“You shall not covet your neighbor’s house. You shall not covet your neighbor’s wife, or his male or female servant, his ox or donkey, or anything that belongs to your neighbor.”

When the people saw the thunder and lightning and heard the trumpet and saw the mountain in smoke, they trembled with fear. They stayed at a distance and said to Moses, “Speak to us yourself and we will listen. But do not have God speak to us or we will die.”

Moses said to the people, “Do not be afraid. God has come to test you, so that the fear of God will be with you to keep you from sinning.”

The people remained at a distance, while Moses approached the thick darkness where God was.

That was how God spoke to the Hebrews 3,500 years ago!

Why were the people scared of God's voice? Because it was surrounded by lightning, thunder and smoke.

Why did God speak to them in such a scary manner? Because he was aware of how their hearts were and that they would not listen to him otherwise.

There are many instances in the Bible where God has spoken. They weren't always scary. Jesus told the people on behalf of God, “Come to me all who are weary and heavy laden, and I will give you rest for your souls.” Matthew 11:28.

God is like a great Dad. He can be soft and kind when we need him to be. He can be very loud when we’re being like the Hebrews and not always listening to him.

He's sort of like this experiment in gravity.

Stand on the chair. Hold up the plastic bag full of cotton balls in one hand and the spoons in another.

Which of these do you think weighs more? The spoons.

Which do you think would hit the ground first if I dropped this bag full of cotton balls at the same time as all these spoons? The spoons would.
And which would be louder when hitting the ground? The cotton balls or the spoons? The spoons.

Well, let’s see. Be sure to watch carefully and see which hits the ground first.

Drop both at once. The spoons will make a clatter, but everything should hit the ground at the same time.

Here’s the reason the cotton balls and spoons behave in the same way:

When objects travel down, gravity is pulling them downward. Two marbles, regardless of size, will travel at the same rate. The two marbles should reach the ground at the same time, even if one is big and one is small; if one weighs more and one weighs less. Wouldn't you think the spoons would have hit the ground faster than the cotton balls?

We know that gravity makes heavy items and light items hit the ground at the same time.

It’s a little like God's voice. God has spoken loudly at times in the history of the world. Generally with us, He talks softly. Just like loud and quiet objects behave in the same way, God is the same whether he’s loud or quiet. The hint of his voice or his presence in our lives should make us listen to what he has to say!

Jesus said in John 10:27, “My sheep hear my voice. I know them, and they know me.” Sometimes God is loud; sometimes he's quiet. He’s always God!

If we learn to listen when we pray, we will be able to follow the Ten Commandments better, and hopefully we’ll stay out of the trouble that the nation of Israel got into because they were scared of God!
Worksheet #1 - The Ten Commandments Word Search

Find all the words related to the Ten Commandments in the word search below!

worship   idols   sabbath   parents   respect   honor   holy
jealous   God   graven   murder   kill   lying   stealing
shoplifting   envy   neighbor   commit   adultery   cheating   spouse
Worksheet #2 - Commandments for Kids Fill-In Sheet

Fill in the blanks to help learn the Ten Commandments. It gets harder at the bottom, where they all look alike! Try to memorize them first!

1. You shall have no other ________.
2. Don’t make ______ images.
3. Don’t take the Lord’s _________ in ________.
4. Remember the ________.
5. Honor your ________.
6. Don’t ________.
7. Don’t cheat on your ________.
8. Don’t ________.
9. Don’t__________.
10. Don’t be ________.

Gods!
Graven (which means engraved or decorated)
name [in] vain
Sabbath
Parents
Murder
Spouse
Steal
Lie
Jealous
Worksheet #3 - Real Ten Commandments Fill-In Sheet (for older kids)

Following, with blanks, are the Ten Commandments for adults, taken from the New International Version of the Bible. It will give kids a chance to see how the Ten Commandments are in the Bible. The lengthy text makes it harder to memorize these, but older children will profit from seeing the details in and around them:

1. 3 “You shall have no other ________ before me.

2. 4 “You shall not make for yourself an _________ in the form of anything in heaven above or on the earth beneath or in the waters below. 5 You shall not _____ down to them or worship them; for I, the Lord your God, am a ______ God, punishing the children for the sin of the parents to the third and fourth generation of those who hate me, 6 but showing love to a __________ generations of those who love me and keep my commandments.

3. 7 “You shall not misuse the name of the ________ your God, for the _______ will not hold anyone guiltless who his name.

4. 8 “Remember the Sabbath day by keeping it __________. 9 Six days you shall labor and do all your work, 10 but the _______ day is a Sabbath to the Lord your God. On it you shall not do any __________, neither you, nor your son or daughter, nor your male or female servant, nor your animals, nor any foreigner residing in your __________. 11 For in _______ days the Lord made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the Lord blessed the Sabbath day and made it ________.

5. 12 “Honor your ________ and your __________, so that you may live ________ in the land the Lord your God is giving you.

6. 13 “You shall not ______________.

7. 14 “You shall not commit ________________.

8. 15 “You shall not ________________.

9. 16 “You shall not give ________ testimony against your neighbor.

10. 17 “You shall not covet your neighbor’s _________. You shall not covet your neighbor’s wife, or his _________or female servant, his ox or __________, or anything that belongs to your __________.”

ANSWERS: One of the words below goes in each blank. Scratch out each word after you use it so you won’t be tempted to use it twice.

adultery false father
mother long gods holy
seventh work towns six holy
house image bow jealous
thousand Lord Lord misuses
TEACHER’S ANSWERS

1. Gods
2. Image bow jealous thousand
3. Lord Lord misuses
4. Holy seventh work towns six holy
5. Father mother long
6. Murder
7. adultery
8. steal
9. False
10. House
11. Male
12. Mule
13. Neighbor
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